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THE OBJECTIVES OF THE ERNI DECLARATION ARE:

1. To connect and make the voices of ERNI-minded professionals more audible
2. To connect and make the voices of ERNI-minded users of services more audible.
3. To make the principles of ERNI more visible.
4. To influence the development of services

*THANK YOU
For Signing*

HOW DID IT COME ABOUT AND WHY?

The writers of the ERNI declaration are a group of people from the UK who have used mental health services or who have worked in them. We have all experienced systems that inadvertently or deliberately privilege ways of working that we consider to oppress people whose life experiences inevitably lead them to seek help.

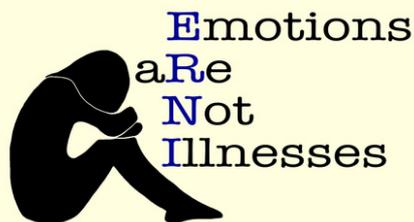
We no longer wish to be the lone human rights voices in every mental health service scenario. We know from like-minded groups (e.g. Drop the Disorder, Mad in the UK, Mad in America, Mad in Sweden etc), that we are amongst allies and collectively we are stronger. The ERNI declaration is not about persuading people of something, it is about collecting those who already feel the same and wish to lend their name or support to peers in order to create action. The more people who sign, the more opportunity for changing language and approaches to those in distress. We hope, for example, that clinicians will use their ERNI signatory status to position them in their organisation and, in doing so, they can make it clear about what they are willing or unwilling to do, including in relation to the practices of those around them. As individuals who use services we hope, in time, that we will be able to ask if the worker we are seeing has signed up to the declaration. As advocates and carers, we may lobby for services to be ERNI registered and for staff to be employed on the basis that they agree to the principles within it.

This may seem a long way off... but with today's technology, it need not be! Within two weeks, we have HUNDREDS of names....60% of whom have previously or are currently using mental health services. We have had people from the USA, Canada, Sweden, Norway, Israel, Malta, UK, Ireland, Russia, France, Germany, Spain, New Zealand, Australia to name just some! We have had many offers of personal stories for which we are in the process of creating a platform to publish.

To turn the hundreds into thousands, and collect more allies, we have one HUGE REQUEST... If you feel you want to and can, please SHARE the declaration in as many groups as you can, adding some context (take it from here, if you wish) so people know what it is. Please tweet, email, talk about and share in the real and virtual places where allies may group.

LINK TO SIGN OR SHARE THE DECLARATION FORM:

[HTTPS://TINYURL.COM/JUCMSA4N](https://tinyurl.com/jucmsa4n)



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'During my time in the NHS, I have lost count of the number of times I have heard the individual before me reduced to a series of 'symptoms' or labelled with a 'disorder'.

Despite the success of several different frameworks supporting individuals to view their distress in the context of difficult life experiences, instead of viewing themselves as 'mentally ill' or 'disordered', often I represent a lone voice in multi-disciplinary meetings.

For me, signing the ERNI declaration means being a part of a group of like-minded individuals and spreading this message further for the benefit of service users and professionals alike." Georgia Parratt, Clinical Psychologist, March 2021.

HOW MAY WE ALL USE THE DECLARATION TO MAKE CHANGE?

1. Share the link widely
2. Tell people about it and say you have signed up
3. Tell people that you work to the principles of the declaration
4. Say you wish to be supported by people who sign up to the principles of the declaration
5. Use the logo on your email footer
6. Make service user groups that you are involved with aware of the declaration
7. Ask us how many people in your work area have signed - send out a broad invitation (we won't share names against organisations without consent) to meet
8. Speak to managers about ERNI
9. Email ernimovement@gmail.com with ideas about making ERNI more visible

WHAT CAN YOU LINK WITH NOW?

- Join the new closed FACEBOOK group where relevant information and links will be published
- Follow ERNIMOVEMENT on Twitter
- Watch out for links to the new website where we will be publishing personal ERNI relevant stories
- Email us if you can think of any other ideas for sharing or use of the declaration - ernimovement@gmail.com

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